SOUL ON ICE

by Eldridge Cleaver

With an Introduction by Maxwell Geismar

A Ramparts Book

On Becoming

Folsom Prison
June 25, 1965

Nineteen fifty-four, when I was eighteen years old, is held to be a crucial turning point in the history of the Afro-American—for the U.S.A. as a whole—the year segregation was outlawed by the U.S. Supreme Court. It was also a crucial year for me because on June 18, 1954, I began serving a sentence in state prison for possession of marijuana.

The Supreme Court decision was only one month old when I entered prison, and I do not believe that I had even the vaguest idea of its importance or historical significance. But later, the acrimonious controversy ignited by the end of the separate-but-equal doctrine was to have a profound effect on me. This controversy awakened me to my position in America and I began to form a concept of what it meant to be black in white America.

Of course I'd always known that I was black, but I'd never really stopped to take stock of what I was involved in. I met life as an individual and took my chances. Prior to 1954, we lived in an atmosphere of novocain. Negroes found it necessary, in order to maintain whatever sanity they could, to remain somewhat aloof and detached from "the problem." We accepted indignities and the mechanics of the apparatus of oppression without reacting by sitting-in
or holding mass demonstrations. Nurtured by the fires of the controversy over segregation, I was soon aflame with indignation over my newly discovered social status, and inwardly I turned away from America with horror, disgust, and outrage.

In Soledad state prison, I fell in with a group of young blacks who, like myself, were in vociferous rebellion against what we perceived as a continuation of slavery on a higher plane. We cursed everything American—including baseball and hot dogs. All respect we may have had for politicians, preachers, lawyers, governors, Presidents, senators, congressmen was utterly destroyed as we watched them temporizing and compromising over right and wrong, over legality and illegality, over constitutionality and unconstitutionality. We knew that in the end what they were clashing over was us, what to do with the blacks, and whether or not to start treating us as human beings. I despised all of them.

The segregationists were condemned out of hand, without even listening to their lofty, finely woven arguments. The others I despised for wasting time in debates with the segregationists: why not just crush them, put them in prison—they were defying the law, weren't they? I defied the law and they put me in prison. So why not put those dirty mothers in prison too? I had gotten caught with a shopping bag full of marijuana, a shopping bag full of love—I was in love with the weed and I did not for one minute think that anything was wrong with getting high. I had been getting high for four or five years and was convinced, with the zeal of a crusader, that marijuana was superior to lush—yet the rulers of the land seemed all to be lushes. I could not see how they were more justified in drinking than I was in blowing the gage. I was a grasshopper, and it was natural that I felt myself to be unjustly imprisoned.

While all this was going on, our group was espousing atheism. Unsophisticated and not based on any philosophical rationale, our atheism was pragmatic. I had come to believe that there is no God; if there is, men do not know anything about him. Therefore, all religions were phony—which made all preachers and priests, in our eyes, fakers, including the ones scurrying around the prison who, curiously, could put in a good word for you with the Almighty Creator of the universe but could not get anything down with the warden or parole board—they could usher you through the Pearly Gates after you were dead, but not through the prison gate while you were still alive and kicking. Besides, men of the cloth who work in prison have an ineradicable stigma attached to them in the eyes of convicts because they escort condemned men into the gas chamber. Such men of God are powerful arguments in favor of atheism. Our atheism was a source of enormous pride to me. Later on, I bolstered our arguments by reading Thomas Paine and his devastating critique of Christianity in particular and organized religion in general.

Through reading I was amazed to discover how confused people were. I had thought that, out there beyond the horizon of my own ignorance, unanimity existed, that even though I myself didn't know what was happening in the universe, other people certainly did. Yet here I was discovering that the whole U.S.A. was in a chaos of disagreement over segregation/integration. In these circumstances I decided that the only safe thing for me to do was go for myself. It became clear that it was possible for me to take the initiative: instead of simply reacting I could act. I could unilaterally—whether anyone agreed with me or not—repudiate all allegiances, morals, values—even while continuing to exist within this society. My mind would be free and no power in the universe could force me to accept something if I didn't want to. But I would take my own
sweet time. That, too, was a part of my new freedom. I would accept nothing until it was proved that it was good—for me. I became an extreme iconoclast. Any affirmative assertion made by anyone around me became a target for tirades of criticism and denunciation.

This little game got good to me and I got good at it. I attacked all forms of piety, loyalty, and sentiment: marriage, love, God, patriotism, the Constitution, the founding fathers, law, concepts of right-wrong-good-evil, all forms of ritualized and conventional behavior. As I pranced about, club in hand, seeking new idols to smash, I encountered really for the first time in my life, with any seriousness, The Ogre, rising up before me in a mist. I discovered, with alarm, that The Ogre possessed a tremendous and dreadful power over me, and I didn't understand this power or why I was at its mercy. I tried to repudiate The Ogre, root it out of my heart as I had done God, Constitution, principles, morals, and values—but The Ogre had its claws buried in the core of my being and refused to let go. I fought frantically to be free, but The Ogre only mocked me and sank its claws deeper into my soul. I knew then that I had found an important key, that if I conquered The Ogre and broke its power over me I would be free. But I also knew that it was a race against time and that if I did not win I would certainly be broken and destroyed. I, a black man, confronted The Ogre—the white woman.

In prison, those things withheld from and denied to the prisoner become precisely what he wants most of all, of course. Because we were locked up in our cells before darkness fell, I used to lie awake at night racked by painful craving to take a leisurely stroll under the stars, or to go to the beach, to drive a car on a freeway, to grow a beard, or to make love to a woman.

Since I was not married conjugal visits would not have solved my problem. I therefore denounced the idea of conjugal visits as inherently unfair; single prisoners needed and deserved action just as married prisoners did. I advocated establishing a system under Civil Service whereby salaried women would minister to the needs of those prisoners who maintained a record of good behavior. If a married prisoner preferred his own wife, that would be his right. Since California was not about to inaugurate either conjugal visits or the Civil Service, one could advocate either with equal enthusiasm and with the same result: nothing.

This may appear ridiculous to some people. But it was very real to me and as urgent as the need to breathe, because I was in my bull stage and lack of access to females was absolutely a form of torture. I suffered. My mistress at the time of my arrest, the beautiful and lonely wife of a serviceman stationed overseas, died unexpectedly three weeks after I entered prison; and the rigid, dehumanized rules governing correspondence between prisoners and free people prevented me from corresponding with other young ladies I knew. It left me without any contact with females except those in my family.

In the process of enduring my confinement, I decided to get myself a pin-up girl to paste on the wall of my cell. I would fall in love with her and lavish my affections upon her. She, a symbolic representative of the forbidden tribe of women, would sustain me until I was free. Out of the center of *Esquire*, I married a voluptuous bride. Our marriage went along swell for a time: no quarrels, no complaints. And then, one evening when I came in from school, I was shocked and enraged to find that the guard had entered my cell, ripped my sugar from the wall, torn her into little pieces, and left the pieces floating in the commode: it was like seeing a dead body floating in a lake.
Giving her a proper burial, I flushed the commode. As the saying goes, I sent her to Long Beach. But I was genuinely beside myself with anger: almost every cell, excepting those of the homosexuals, had a pin-up girl on the wall and the guards didn't bother them. Why, I asked the guard the next day, had he singled me out for special treatment?

"Don't you know we have a rule against pasting up pictures on the walls?" he asked me.

"Later for the rules," I said. "You know as well as I do that that rule is not enforced."

"Tell you what," he said, smiling at me (the smile put me on my guard), "I'll compromise with you: get yourself a colored girl for a pinup—no white women—and I'll let it stay up. Is that a deal?"

I was more embarrassed than shocked. He was laughing in my face. I called him two or three dirty names and walked away. I can still recall his big moon-face, grinning at me over yellow teeth. The disturbing part about the whole incident was that a terrible feeling of guilt came over me as I realized that I had chosen the picture of the white girl over the available pictures of black girls. I tried to rationalize it away, but I was fascinated by the truth involved. Why hadn't I thought about it in this light before? So I took hold of the question and began to inquire into my feelings. Was it true, did I really prefer white girls over black? The conclusion was clear and inescapable: I did. I decided to check out my friends on this point and it was easy to determine, from listening to their general conversation, that the white woman occupied a peculiarly prominent place in all of our frames of reference. With what I have learned since then, this all seems terribly elementary now. But at the time, it was a tremendously intriguing adventure of discovery.

One afternoon, when a large group of Negroes was on the prison yard shooting the breeze, I grabbed the floor and posed the question: which did they prefer, white women or black? Some said Japanese women were their favorite, others said Chinese, some said European women, others said Mexican women—they all stated a preference, and they generally freely admitted their dislike for black women.

"I don't want nothing black but a Cadillac," said one.
"If money was black I wouldn't want none of it," put in another.

A short little stud, who was a very good lightweight boxer with a little man's complex that made him love to box heavyweights, jumped to his feet. He had a yellowish complexion and we called him Butterfly.

"All you niggers are sick!" Butterfly spat out. "I don't like no stinking white woman. My grandma is a white woman and I don't even like her!"

But it just so happened that Butterfly's crime partner was in the crowd, and after Butterfly had his say, his crime partner said, "Aw, sit on down and quit that lying, lil' o' chump. What about that gray girl in San Jose who had your nose wide open? Did you like her, or were you just running after her with your tongue hanging out of your head because you hated her?"

Partly because he was embarrassed and partly because his crime partner was a heavyweight, Butterfly flew into him. And before we could separate them and disperse, so the guard would not know who had been fighting, Butterfly bloodied his crime partner's nose. Butterfly got away but, because of the blood, his crime partner got caught. I ate dinner with Butterfly that evening and questioned him sharply about his attitude toward white women. And after an initial evasiveness he admitted that the white woman bugged him too. "It's a sickness," he said. "All our lives
we’ve had the white woman dangled before our eyes like a carrot on a stick before a donkey: look but don’t touch.” (In 1956, after I had gone out on parole and was returned to San Quentin as a parole violator with a new charge, Butterfly was still there. He had become a Black Muslim and was chiefly responsible for teaching me the Black Muslim philosophy. Upon his release from San Quentin, Butterfly joined the Los Angeles Mosque, advanced rapidly through the ranks, and is now a full-fledged minister of one of Elijah Muhammad's mosques in another city. He successfully completed his parole, got married—to a very black girl—and is doing fine.)

From our discussion, which began that evening and has never yet ended, we went on to notice how thoroughly, as a matter of course, a black growing up in America is indoctrinated with the white race's standard of beauty. Not that the whites made a conscious, calculated effort to do this, we thought, but since they constituted the majority the whites brainwashed the blacks by the very processes the whites employed to indoctrinate themselves with their own group standards. It intensified my frustrations to know that I was indoctrinated to see the white woman as more beautiful and desirable than my own black woman. It drove me into books seeking light on the subject. In Richard Wright's *Native Son*, I found Bigger Thomas and a keen insight into the problem.

My interest in this area persisted undiminished and then, in 1955, an event took place in Mississippi which turned me inside out: Emmett Till, a young Negro down from Chicago on a visit, was murdered, allegedly for flirting with a white woman. He had been shot, his head crushed from repeated blows with a blunt instrument, and his badly decomposed body was recovered from the river with a heavy weight on it. I was, of course, angry over the whole bit, but one day I saw in a magazine a picture of the white woman with whom Emmett Till was said to have flirted. While looking at the picture, I felt that little tension in the center of my chest I experience when a woman appeals to me. I was disgusted and angry with myself. Here was a woman who had caused the death of a black, possibly because, when he looked at her, he also felt the same tensions of lust and desire in his chest—and probably for the same general reasons that I felt them. It was all unacceptable to me. I looked at the picture again and again, and in spite of everything and against my will and the hate I felt for the woman and all that she represented, she appealed to me. I flew into a rage at myself, at America, at white women, at the history that had placed those tensions of lust and desire in my chest.

Two days later, I had a “nervous breakdown.” For several days I ranted and raved against the white race, against white women in particular, against white America in general. When I came to myself, I was locked in a padded cell with not even the vaguest memory of how I got there. All I could recall was an eternity of pacing back and forth in the cell, preaching to the unhearing walls.

I had several sessions with a psychiatrist. His conclusion was that I hated my mother. How he arrived at this conclusion I'll never know, because he knew nothing about my mother; and when he’d ask me questions I would answer him with absurd lies. What revolted me about him was that he had heard me denouncing the whites, yet each time he interviewed me he deliberately guided the conversation back to my family life, to my childhood. That in itself was all right, but he deliberately blocked all my attempts to bring out the racial question, and he made it clear that he was not interested in my attitude toward whites. This was a Pandora's box he did not care to open. After I ceased my
diatribes against the whites, I was let out of the hospital back into the general inmate population just as if nothing had happened. I continued to brood over these events and over the dynamics of race relations in America.

During this period I was concentrating my reading in the field of economics. Having previously dallied in the theories and writings of Rousseau, Thomas Paine, and Voltaire, I had added a little polish to my iconoclastic stance, without, however, bothering too much to understand their affirmative positions. In economics, because everybody seemed to find it necessary to attack and condemn Karl Marx in their writings, I sought out his books, and although he kept me with a headache, I took him for my authority. I was not prepared to understand him, but I was able to see in him a thoroughgoing critique and condemnation of capitalism. It was like taking medicine for me to find that, indeed, American capitalism deserved all the hatred and contempt that I felt for it in my heart. This had a positive, stabilizing effect upon me—to an extent because I was not about to become stable—and it diverted me from my previous preoccupation: morbid broodings on the black man and the white woman. Pursuing my readings into the history of socialism, I read, with very little understanding, some of the passionate, exhortatory writings of Lenin; and I fell in love with Bakunin and Nekhayev’s *Catechism of the Revolutionist*—the principles of which, along with some of Machiavelli’s advice, I sought to incorporate into my own behavior. I took the *Catechism* for my bible and, standing on a one-man platform that had nothing to do with the reconstruction of society, I began consciously incorporating these principles into my daily life, to employ tactics of ruthlessness in my dealings with everyone with whom I came into contact. And I began to look at white America through these new eyes.

Somehow I arrived at the conclusion that, as a matter of principle, it was of paramount importance for me to have an antagonistic, ruthless attitude toward white women. The term *outlaw* appealed to me and at the time my parole date was drawing near, I considered myself to be mentally free—I was an “outlaw.” I had stepped outside of the white man’s law, which I repudiated with scorn and self-satisfaction. I became a law unto myself—my own legislature, my own supreme court, my own executive. At the moment I walked out of the prison gate, my feelings toward white women in general could be summed up in the following lines:

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TO A WHITE GIRL

I love you
Because you're white,
Not because you're charming
Or bright.
Your whiteness
Is a silky thread
Snaking through my thoughts
In redhot patterns
Of lust and desire.

I hate you
Because you're white.
Your white meat
Is nightmare food.
White is
The skin of Evil.
You're my Moby Dick,
White Witch,
Symbol of the rope and hanging tree,
Of the burning cross.
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Loving you thus
And hating you so,
My heart is torn in two.
Crucified.

I became a rapist. To refine my technique and modus operandi, I started out by practicing on black girls in the ghetto—in the black ghetto where dark and vicious deeds appear not as aberrations or deviations from the norm, but as part of the sufficiency of the Evil of a day—and when I considered myself smooth enough, I crossed the tracks and sought out white prey. I did this consciously, deliberately, willfully, methodically—though looking back I see that I was in a frantic, wild, and completely abandoned frame of mind.

Rape was an insurrectionary act. It delighted me that I was defying and trampling upon the white man's law, upon his system of values, and that I was defiling his women—and this point, I believe, was the most satisfying to me because I was very resentful over the historical fact of how the white man has used the black woman. I felt I was getting revenge. From the site of the act of rape, consternation spreads outwardly in concentric circles. I wanted to send waves of consternation throughout the white race. Recently, I came upon a quotation from one of LeRoi Jones' poems, taken from his book The Dead Lecturer:

A cult of death need of the simple striking arm under the street lamp. The cutters from under their rented earth. Come up, black dada nihilismus. Rape the white girls. Rape their fathers. Cut the mothers' throats.

I have lived those lines and I know that if I had not been apprehended I would have slit some white throats. There are, of course, many young blacks out there right now who are slitting white throats and raping the white girl. They are not doing this because they read LeRoi Jones' poetry, as some of his critics seem to believe. Rather, LeRoi is expressing the funky facts of life.

After I returned to prison, I took a long look at myself and, for the first time in my life, admitted that I was wrong, that I had gone astray—astray not so much from the white man's law as from being human, civilized—for I could not approve the act of rape. Even though I had some insight into my own motivations, I did not feel justified. I lost my self-respect. My pride as a man dissolved and my whole fragile moral structure seemed to collapse, completely shattered.

That is why I started to write. To save myself.

I realized that no one could save me but myself. The prison authorities were both uninterested and unable to help me. I had to seek out the truth and unravel the snarled web of my motivations. I had to find out who I am and what I want to be, what type of man I should be, and what I could do to become the best of which I was capable. I understood what had happened to me and also happened to countless other blacks and it would happen to many, many more.

I learned that I had been taking the easy way out, running away from problems. I also learned that it is easier to do evil than it is to do good. And I have been terribly impressed by the youth of America, black and white. I am proud of them because they have reaffirmed my faith in humanity. I have come to feel what must be love for the young people of America and I want to be part of the good and greatness that they want for all people. From my prison cell, I have watched America slowly coming awake. It is not fully awake yet, but there is soul in the air and every-
where I see beauty. I have watched the sit-ins, the freedom raids, the Mississippi Blood Summers, demonstrations all over the country, the FSM movement, the teach-ins, and the mounting protest over Lyndon Strangelove's foreign policy—all of this, the thousands of little details, show me it is time to straighten up and fly right. That is why I decided to concentrate on my writings and efforts in this area. We are a very sick country—I, perhaps, am sicker than most. But I accept that. I told you in the beginning that I am extremist by nature—so it is only right that I should be extremely sick.

I was very familiar with the Eldridge who came to prison, but that Eldridge no longer exists. And the one I am now is in some ways a stranger to me. You may find this difficult to understand but it is very easy for one in prison to lose his sense of self. And if he has been undergoing all kinds of extreme, involved, and unregulated changes, then he ends up not knowing who he is. Take the point of being attractive to women. You can easily see how a man can lose his arrogance or certainty on that point while in prison! When he's in the free world, he gets constant feedback on how he looks from the number of female heads he turns when he walks down the street. In prison he gets only hates stares and sour frowns. Years and years of bitter looks. Individuality is not nourished in prison, neither by the officials nor by the convicts. It is a deep hole out of which to climb.

What must be done, I believe, is that all these problems—particularly the sickness between the white woman and the black man—must be brought out into the open, dealt with and resolved. I know that the black man's sick attitude toward the white woman is a revolutionary sickness: it keeps him perpetually out of harmony with the system that is oppressing him. Many whites flatter themselves with the idea that the Negro male's lust and desire for the white dream girl is purely an esthetic attraction, but nothing could be farther from the truth. His motivation is often of such a bloody, hateful, bitter, and malignant nature that whites would really be hard pressed to find it flattering. I have discussed these points with prisoners who were convicted of rape, and their motivations are very plain. But they are very reluctant to discuss these things with white men who, by and large, make up the prison staffs. I believe that in the experience of these men lies the knowledge and wisdom that must be utilized to help other youngsters who are heading in the same direction. I think all of us, the entire nation, will be better off if we bring it all out front. A lot of people's feelings will be hurt, but that is the price that must be paid.

It may be that I can harm myself by speaking frankly and directly, but I do not care about that at all. Of course I want to get out of prison, badly, but I shall get out some day. I am more concerned with what I am going to be after I get out. I know that by following the course which I have charted I will find my salvation. If I had followed the path laid down for me by the officials, I'd undoubtedly have long since been out of prison—but I'd be less of a man. I'd be weaker and less certain of where I want to go, what I want to do, and how to go about it.

The price of hating other human beings is loving oneself less.
Four Vignettes

On Watts

Folsom Prison
August 16, 1965

As we left the Mess Hall Sunday morning and milled around in the prison yard, after four days of abortive uprising in Watts, a group of low riders ¹ from Watts assembled on the basketball court. They were wearing jubilant, triumphant smiles, animated by a vicarious spirit by which they, too, were in the thick of the uprising taking place hundreds of miles away to the south in the Watts ghetto.

“Man,” said one, “what they doing out there? Break it down for me, Baby.”

They slapped each other’s outstretched palms in a cool salute and burst out laughing with joy.

“Home boy, them Brothers is taking care of Business!” shrieked another ecstatically.

Then one low rider, stepping into the center of the circle formed by the others, rared back on his legs and swaggered, hunching his belt up with his forearms as he’d seen James Cagney and George Raft do in too many gangster movies. I joined the circle. Sensing a creative moment in the offing, we all got very quiet, very still, and others passing by joined the circle and did likewise.

“Baby,” he said, “They walking in fours and kicking in doors; dropping Reds ² and busting heads; drinking wine and committing crime, shooting and looting; high-siding ³ and low-riding, setting fires and slashing tires; turning over cars and burning down bars; making Parker mad and making me glad; putting an end to that ‘go slow’ crap and putting sweet Watts on the map—my black ass is in Folsom this morning but my black heart is in Watts!” Tears of joy were rolling from his eyes.

It was a cleansing, revolutionary laugh we all shared, something we have not often had occasion for.

Watts was a place of shame. We used to use Watts as an epithet in much the same way as city boys used “country” as a term of derision. To deride one as a “lame,” who did not know what was happening (a rustic bumpkin), the “in-crowd” of the time from L.A. would bring a cat down by saying that he had just left Watts, that he ought to get back to Watts until he had learned what was happening, or that he had just stolen enough money to move out of Watts and was already trying to play a cool part. But now, blacks are seen in Folsom saying, “I’m from Watts, Baby!”—whether true or no, but I think their meaning is clear. Confession: I, too, have participated in this game, saying, I’m from Watts. In fact, I did live there for a time, and I’m proud of it, the tired lamentations of Whitney Young, Roy Wilkins, and The Preacher notwithstanding.

¹ Low Rider. A Los Angeles nickname for ghetto youth. Originally the term was coined to describe the youth who had lowered the bodies of their cars so that they rode low, close to the ground; also implied was the style of driving that these youngsters perfected. Sitting behind the steering wheel and slumped low down in the seat, all that could be seen of them was from their eyes up, which used to be the cool way of driving. When these youthful hipsters alighted from their vehicles, the term low rider stuck with them, evolving to the point where all black ghetto youth—but never the soft offspring of the black bourgeoisie—are referred to as low riders.

² Reds. A barbiturate, called Red Devils; so called because of the color of the capsule and because they are reputed to possess a vicious kick.

³ High-siding. Cutting up. Having fun at the expense of another.
A Day in Folsom Prison

Folsom Prison,
September 19, 1965

My day begins officially at 7:00, when all inmates are required to get out of bed and stand before their cell doors to be counted by guards who walk along the tier saying, “1, 2, 3 . . .” However, I never remain in bed until 7. I’m usually up by 5:30. The first thing I do is make up my bed. Then I pick up all my books, newspapers, etc., off the floor of my cell and spread them over my bed to clear the floor for calisthenics. In my cell, I have a little stool on which I lay a large plywood board, about 2½ by 3 feet, which I use as a typing and writing table. At night, I load this makeshift table down with books and papers, and when I read at night I spill things all over the floor. When I leave my cell, I set this board, loaded down, on my bed, so that if a guard comes into my cell to search it, he will not knock the board off the stool, as has happened before. Still in the nude, the way I sleep, I go through my routine: knee-bends, butterflies, touching my toes, squats, windmills. I continue for about half an hour.

Sometimes, if I have something I want to write or type so that I can mail it that morning, I forgo my calisthenics. But this is unusual. (We are required, if we want our mail to go out on a certain day, to have it in the mailbox by about 8:00. When we leave our cells at 7:30 to go to break-

fast, we pass right by the mailbox and drop in our mail on the way to mess hall.)

Usually, by the time I finish my calisthenics, the trustee (we call him tiettender, or keyman) comes by and fills my little bucket with hot water. We don’t have hot running water ourselves. Each cell has a small sink with a cold-water tap, a bed, a locker, a shelf or two along the wall, and a commode. The trustee has a big bucket, with a long spout like the ones people use to water their flowers, only without the sprinkler. He pokes the spout through the bars and pours you about a gallon of hot water. My cell door doesn’t have bars on it; it is a solid slab of steel with fifty-eight holes in it about the size of a half dollar, and a slot in the center, at eye level, about an inch wide and five inches long. The trustee sticks the spout through one of the little holes and pours my hot water, and in the evenings the guard slides my mail in to me through the slot. Through the same slot the convicts pass newspapers, books, candy, and cigarettes to one another.

When the guard has mail for me he stops at the cell door and calls my name, and I recite my number—A-29498—to verify that I am the right Cleaver. When I get mail I avert my eyes so I can’t see who’s from. Then I sit down on my bed and peep at it real slowly, like a poker player peeping at his cards. I can feel when I’ve got a letter from you, and when I peep up on your name on the envelope I let out a big yell. It’s like having four aces. But if the letter is not from you, it’s like having two deuces, a three, a four, and a five, all in scrambled suits. A bum kick. Nothing. What is worse is when the guard passes my door without pausing. I can hear his keys jingling. If he stops at my door the keys sound like Christmas bells ringing, but if he keeps going they just sound like—keys.

I live in the honor block. In the other blocks, the fronts
of the cells consist of nothing but bars. When I first moved into the honor block, I didn't like it at all. The cells seemed made for a dungeon. The heavy steel doors slammed shut with a clang of finality that chilled my soul. The first time that door closed on me I had the same wild, hysterical sensation I'd felt years ago at San Quentin when they first locked me in solitary. For the briefest moment I felt like yelling out for help, and it seemed that in no circumstances would I be able to endure that cell. All in that split second I felt like calling out to the guards, pleading with them to let me out of the cell, begging them to let me go, promising them that I would be a good boy in the future.

But just as quickly as the feeling came, it went, dissolved, and I felt at peace with myself. I felt that I could endure anything, everything, even the test of being broken on the rack. I've been in every type of cell they have in the prisons of California, and the door to my present cell seems the most cruel and ugly of all. However, I have grown to like this door. When I go out of my cell, I can hardly wait to get back in, to slam that cumbersome door, and hear the sharp click as the trustee snaps the lock behind me. The trustees keep the keys to the cells of the honor block all day, relinquishing them at night, and to get into your cell, all you have to do is round up the trustee in charge of your tier. Once inside my cell, I feel safe: I don't have to watch the other convicts any more or the guards in the gun towers. If you live in a cell with nothing but bars on the front, you cannot afford to relax; someone can walk along the tier and throw a Molotov cocktail in on you before you know it, something I've seen happen in San Quentin. Whenever I live in one of those barred cells, I keep a blanket within easy reach in case of emergency, to smother a fire if need be. Paranoia? Yes, but it's the least one can do for oneself. In my present cell, with its impregnable door, I don't worry about sabotage—although if someone wanted to badly enough, they could figure something out.

Well... after I've finished my calisthenics and the hot water has arrived, I take me a bird (jailbird) bath in the little sink. It's usually about 6:00 by then. From then until 7:30, when we are let out for breakfast, I clean up my cell and try to catch a little news over the radio. Radio?—each cell has a pair of earphones!—with only two channels on it. The programs are monitored from the radio room. The radio schedule is made up by the radio committee, of which I am a member.

At 7:30, breakfast. From the mess hall, every day except Saturday, my day off, I go straight to the bakery, change into my white working clothes, and that's me until about noon. From noon, I am "free" until 3:20, the evening mandatory lockup, when we are required, again, to stand before our cell doors and be counted. There is another count at 6:30 p.m.—three times every day without fail.

When I'm through working in the bakery, I have the choice of (1) going to my cell; (2) staying in the dining room to watch TV; (3) going down to the library; or (4) going out to the yard to walk around, sit in the sun, lift weights, play some funny game—like checkers, chess, marbles, horseshoes, handball, baseball, shuffleboard, beating on the punching bag, basketball, talk, TV, paddle-tennis, watching the other convicts who are watching other convicts. When I first came to Folsom, I was astonished to see the old grizzled cons playing marbles. The marble players of Folsom are legendary throughout the prison system: I first heard about them years ago. There is a sense of ultimate defeat about them. Some guy might boast about how he is going to get out next time and stay out, and someone will put him down by saying he'll soon be back, playing marbles like a hasbeen, a neverwas, blasted back into child-
hood by a crushing defeat to his final dream. The marble players have the game down to an art, and they play all day long, fanatic ally absorbed in what they are doing.

If I have a cell partner who knows the game, I play him chess now and then, maybe a game each night. I have a chess set of my own and sometimes when I feel like doing nothing else, I take out a little envelope in which I keep a collection of chess problems clipped from newspapers, and run off one or two. But I have never been able to give all my time to one of these games. I am seldom able to play a game of chess out on the yard. Whenever I go out on the yard these days, I'm usually on my way to the library.

On the yard there is a little shack off to one corner which is the office of the Inmates Advisory Council (IAC). Sometimes I visit the shack to shoot the bull and get the latest drawings (news). And sometimes I go out to the weight-lifting area, strip down to a pair of trunks, and push a little iron for a while and soak up the sun.

At 3:20, lockup. Stand for count. After count, off to the evening meal. Back to the cell. Stand for count at 6:30. After the 6:30 count, we are all let out of our cells, one tier at a time, for showers, to exchange dirty socks and towels for clean ones, a haircut, then back to the cell. I duck this crush by taking my showers in the bakery. At night, I only go to exchange my linen. In the honor block, we are allowed to come out after the 6:30 count every Saturday, Sunday, and Wednesday night to watch TV until 10:00, before we are locked up for the night. The only time I went out for TV was to dig the ditches and Hollywood-A-Go-Go, but those programs don’t come on anymore. We recently got the rule changed so that, on TV nights, those in the honor block can type until 10:00. It used to be that no typing was allowed after 8:00. I am very pleased to be able to get in that extra typing time: I can write you more letters.

On Thursday I go out of my cell after the 6:30 count to attend the weekly IAC meetings. These meetings adjourn promptly at 9:00. On Saturday mornings, my off day, I usually attend the meetings of the Gavel Club, but this past Saturday I was in the middle of my last letter to you and I stole away to my cell. I enjoyed it so much that I am tempted to put the Gavel Club down, but I hope that I don't because that's where I'm gaining some valuable experience and technique in public speaking.

On the average I spend approximately seventeen hours a day in my cell. I enjoy the solitude. The only drawback is that I am unable to get the type of reading material I want, and there is hardly anyone with a level head to talk to.

There are quite a few guys here who write. Seems that every convict wants to. Some of them have managed to sell a piece here and there. They have a writers' workshop which meets in the library under the wing of our librarian. I've never had a desire to belong to this workshop, partly because of my dislike for the attitude of the librarian and partly because of the phony, funny-style convicts. Mostly, I suppose, it's because the members of the workshop are all white and all sick when it comes to color. They're not all sick, but they're not for real. They're fair-weather types, not even as lukewarm as good white liberals, and they conform to the Mississippi atmosphere prevalent here in Folsom. Blacks and whites do not fraternize together in comfort here. Harry Golden's concept of vertical integration and horizontal segregation about covers it. The whites want to talk with you out on the yard or at work, standing up, but they shun you when it comes to sitting down. For instance, when we line up for chow, the lines leading into the mess halls are integrated. But once inside the mess hall, blacks sit at tables by themselves and whites sit with themselves or with the Mexicans.

There's this one Jewish stud out of New York who fell
out of Frisco. He thinks he is another Lenny Bruce. In point of fact he is funny and very glib, and I dig rapping (talking) with him. He's a hipe but he is very down with the current scene. Says that he lived in North Beach and all that, and that he has this chick who writes him who is a member of the DuBois Club in Frisco. Well, this cat is well read and we exchange reading material. He says that at home he has every copy of The Realist published up to the time of his fall. The Evergreen Review kills him. We communicate pretty well and I know that stud is not a racist, but he is a conformist—which in my book is worse, more dangerous, than an out-and-out foe. The other day we were talking about the Free Speech Movement. He was reading a book by Paul Goodman, Growing Up Absurd, which he had with him. We were very hung up talking and then it was time for lunch. We got in line and continued our conversation. He was trying to convince me that the whole FSM was predicated on the writings of Paul Goodman, and that he had heard, with his own ears, Mario Savio say as much. Then all of a sudden I noticed this cat grow leery and start looking all around. He made me nervous. I thought maybe someone was trying to sneak up on us with a knife or something. When he kept doing this, I asked him what the fuck was the matter with him. He turned real red and said that he “just remembered” that he had to talk to another fellow. I dug right away what the kick was, so I said, “later,” and he split. I'm used to such scenes, having a 400-year heritage of learning to roll with that type of punch. I saw him in the mess hall looking very pushed out of shape. I had to laugh at him. I felt that he was probably thinking that if the whites put the blacks in the gas chambers they might grab him too if he was with me. That thought tickled me a little as I watched him peeping around like a ferret. One of his points of indignation is that, he says he will never forgive Israel for kidnaping and killing Eichmann, and he gets mad at me because I take Israel's side, just to keep the conversation alive. Too much agreement kills a chat. What really bugs him is when I say that there are many blacks who, if they were in the position, would do a little rounding up of the Eichmann types in America. A few days later he told me, “You saw through me the other day, didn't you?”

“I see through you every day,” I told him. He looked as if he expected or wanted me to hit him or something. I told him that he was good for nothing but to be somebody's jailhouse wife and he laughed, then launched into a Lenny Bruce-type monologue.

My own reaction is to have as little as possible to do with the whites. I have no respect for a duck who runs up to me on the yard all buddy-buddy, and then feels obliged not to sit down with me. It's not that I'm dying to sit with him either, but there is a principle involved which cuts me deeply.

Talk about hypocrisy: you should see the library. We are allowed to order, from the state library, only non-fiction and law books. Of the law books, we can only order books containing court opinion. We can get any decision of the California District Court of Appeals, the California Supreme Court, the U.S. District Courts, the Circuit Courts, and the U.S. Supreme Court. But books of an explanatory nature are prohibited. Many convicts who do not have lawyers are forced to act in propria persona. They do all right. But it would be much easier if they could get books that showed them how properly to plead their cause, how to prepare their petitions and briefs. This is a perpetual sore point with the Folsom Prison Bar Association, as we call ourselves.

All of the novels one needs to read are unavailable, and
the librarian won't let you send for them. I asked him once if he had read a certain book.

"Oh, yes!" he exclaimed.

"What did you think of it?" I asked.

"Absolutely marvelous!" he said.

"How about letting me send to the state library for it?" I asked.

"No."

Books that one wants to read—so bad that it is a taste in the mouth, like Calvin C. Hernton's *Sex and Racism in America*—he won't let you have.

"The warden says 'no sex,'" is his perpetual squelch.

There is a book written by a New York judge which gives case histories of prostitutes. The authors explore why white prostitutes, some of them from the deepest South, had Negroes for pimps, and I wanted to reread it.

"No sex," said the librarian. He is indifferent to the fact that it is a matter of life and death to me! I don't know how he justifies this because you can go over to the inmate canteen and buy all the prurient pot-boiling anti-literature that has ever been written. But everything that "is happening" today is verboten. I've been dying to read Norman Mailer's *An American Dream*, but that too is prohibited. You can have *Reader's Digest*, but *Playboy*—not a chance. I have long wanted to file suit in Federal Court for the right to receive *Playboy* magazine. Do you think Hugh Hefner would finance such an action? I think some very nice ideas would be liberated.

The library does have a selection of very solid material, things done from ten years ago all the way back to the Bible. But it is unsatisfactory to a stud who is trying to function in the last half of the twentieth century. Go down there and try to find Hemingway, Mailer, Camus, Sartre, Baldwin, Henry Miller, Terry Southern, Julian Mayfield, Bellow, William Burroughs, Allen Ginsberg, Herbert Gold, Robert Gover, J. O. Killens, etc.—no action. They also have this sick thing going when it comes to books by and about Negroes. Robert F. Williams' book, *Negroes with Guns*, is not allowed any more. I ordered it from the state library before it was too popular around here. I devoured it and let a few friends read it, before the librarian dug it and put it on the blacklist. Once I ordered two books from the inmate canteen with my own money. When they arrived here from the company, the librarian impounded them, placing them on my "property" the same as they did my notebooks.

I want to devote my time to reading and writing, with everything else secondary, but I can't do that in prison. I have to keep my eyes open at all times or I won't make it. There is always some madness going on, and whether you like it or not you're involved. There is no choice in the matter: you cannot sit and wait for things to come to you. So I engage in all kinds of petty intrigue which I've found necessary to survival. It consumes a lot of time and energy. But it is necessary.